

# The Lord's Prayer: What is Prayer?

Elementary Lesson March 1, 2020

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# Vintage Elementary

March 1

## What is Prayer?

### Matthew 6:9

Verse to Memorize: 1 John 5:14 And this is the confidence that we have toward him, that if we ask anything according to his will he hears us.

Catechism Question: What is the Lord's Prayer? **Our Father in heaven**, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil.

Session	Activity	Materials Needed
Welcome and Greeting	Greet students and discuss their week. Spend time building relationships.	
Music	"King of Me" by Rend Co Kids	Phone with spotify or apple music.
Memory Verse Game/Activity	Give each student the printout of the memory verse: 1 John 5:14. Allow students to draw or color their memory verse page.	Memory Verse Page
Catechism and Lesson	Discuss with students that over the next 4 weeks we are going to discuss the answer to the question What is the Lord's Prayer? Each week we will learn a part of the Lord's prayer and what Jesus meant when he prayed that part of the prayer. Review the question again, and say the Lord's prayer. " <b>Our Father in heaven</b> , hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us	

	<p>our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil.”</p> <p>Today we are going to talk about what prayer is and who we pray to. Prayer is talking to God, taking time to be with him and share with him. Over the next few weeks we will be using the Lord’s prayer in Matthew 6 where Jesus teaches us how to pray.</p> <p>This week we are looking at the very first part of the prayer, our Father in heaven. Why do you think Jesus starts the prayer like this? Think about when you talk to someone about something specific, you usually like to know who you are talking to. You like to talk specifically about that topic to that person. When you talk to your teacher you might talk about certain things and talk to your Dad about other things. It is important when we pray we know that we are talking to God in heaven.</p> <p>Why is it important to know that we are talking to God in heaven, our Father in heaven? If we know we are talking to our Father in heaven we know a few things. First we know He cares about us because He is our heavenly Father. Second, we know he can handle anything we bring to him because He is our heavenly father.</p> <p>Over the next few weeks we will be praying and practicing coming to our heavenly father with everything. Our hope is that you will do that at home with your families too!</p>	
<p>Small Groups and Prayer</p>	<p>During Small group time during our Lord’s prayer Unit we will be praying in prayer stations. Students can move through the room alone or with a prayer partner, but explain that this is a time where we will be praying. Share each prayer station and how each station will be set up each week. Each station has a different way you can pray to God, but how they are all ways God the Father wants us to come to him.</p>	<p>Before Class starts set up Four prayer stations: Feel free to set these up with posters, paper and buckets to put</p>

	<p>Healing: Do you know anyone who is sick or who is hurting. You can visit the healing station to pray for friends or family that need God to heal them.</p> <p>Forgiveness: We have learned that God is our savior and forgives us of our sins. It is important that we spend time confessing our sins and asking him to forgive us.</p> <p>Praise: God is a good God! Do you have anything that you are thankful that God has done in your life? Visit the praise station to thank God for what he has done!</p> <p>Requests: God says that He listens when we talk to him. Do you have something you want to ask God about or talk to him about. You can spend time here talking to God.</p> <p>During this time play music and allow students to visit stations and pray. Give them 3-5 minutes (or more depending on your class.)</p> <p>Bring students back together and talk to them about why it is important to talk to God the Father. Encourage students to practice praying at home this week!</p> <p>Close in prayer thanking God for being our Father who we can talk to openly.</p>	<p>requests in, however you see fit in your room. Kids can write or draw their requests.</p> <p>Healing</p> <p>Forgiveness</p> <p>Praise/Thankful Hearts</p> <p>Requests/Needs</p> <p>Station Signs in resources to print on cardstock and use weekly.</p>
<p>Missional Moment</p>	<p>Discuss how each week we will have a missional moment where we discuss a way our church is on mission for Jesus in our city or in the world! We will talk about the same group for a whole month, learning about them throughout that month and praying for them. This month we are learning about a Vintage church partnership that we work with in downtown Raleigh, Carrol's Kitchen.</p>	<p>Power Point with Info about Carrol's Kitchen.</p>

	<p>Show week two of the Mission Moment Slideshow to learn how we can pray for Carrol's Kitchen and what they are doing in downtown Raleigh.</p>	
<p>Activity</p>	<p>Prayer Hands</p> <p>Give each student a hand printable with the types of prayer we are learning about in the prayer stations printed on each finger.</p> <p>Go over those types of prayer together and discuss what students prayed for today. Allow students to ask any questions they have about the types of prayer or when to pray.</p> <p>Allow students to write or draw examples of those types of prayer, encouraging them to write or draw things they have prayed for in their own lives. Feel free to make a chart on the board to add to as kids give examples that they can refer to.</p>	<p>Prayer hands- recommend to print on cardstock.</p>
<p>Closing and Pick Up</p>	<p>Allow students to continue working on activities from the day or free play until parents arrive. Give a five minute timer for pickup before the end of service. This is a great time to play the spotify playlist of worship music.</p>	

Resources:

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confidence that  
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1 John 5:14

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# Healing:

Do you know anyone who is sick or who is hurting.

You can visit the healing station to pray for friends or family that need God to heal them.

# Forgiveness:

We have learned that God is our savior and forgives us of our sins. It is important that we spend time confessing our sins and asking him to forgive us.



## Praise:

God is a good God! Do you have anything that you are thankful that God has done in your life? Visit the praise station to thank God for what he has done!

# Requests:

God says that He listens when we talk to him. Do you have something you want to ask God about or talk to him about. You can spend time here talking to God.

